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ABSTRACT

This guide was prepared to help instructors of adult textiles and clothing programs improve their teaching; it is designed to be used with other department publications: Clothing Services Training Guide, Resource Courses for Planning Local Adult Homemaking Programs, and Resource Kit Tips for Teaching Textiles and Clothing (see AC 008 741). Each section of this guide pinpoints suggestions in such areas of concern to the instructor as planning the curriculum, giving instruction, providing an effective learning environment, and evaluating teaching effectiveness. There is a source list of free and inexpensive teaching materials, and also a bibliography of books, bull tins, and periodicals. (EB)

Home Economics Continuing Education

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TEXTILES & CLOTHING



THE UNIVERSITY OF THE STATE OF NEW YORK. THE STATE EDUCATION DEPARTMENT EAU OF CONTINUING EDUCATION CURRICULUM DEVELOPMENT. ALBANY, NEW YORK 12221
1969

Home Economics Continuing Education

Tips for Jeaching

TEXTILES & CLOTHING

To Be Used With Companion Materials

- Clothing Services Training Guide
- Resource Courses for Planning Local Adult Homemaking Programs
- Resource Kit Tips for Teaching Textiles and Clothing

THE UNIVERSITY OF THE STATE OF NEW YORK/THE STATE EDUCATION DEPARTMENT BUREAU OF CONTINUING EDUCATION CURRICULUM DEVELOPMENT/ALBANY, NEW YORK 12224



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Foreword

Study in the field of textiles and clothing helps to stimulate logical and creative thinking, develops dexterity and coordination through manipulative skills, contributes to a feeling of personal accomplishment, promotes the effective utilization of resources by individuals and families, provides an understanding of the psychology of clothing, and develops skills for a vocation and an avocation. This bulletin was developed to suggest effective teaching techniques in the field of textiles and clothing.

Appreciation is expressed to the following committee members who formulated the basic plan for the bulletin: Madeline Blum, Specialist, Cooperative Extension, Cornell University, Ithaca; Corinne Carlson, Home Economics Teacher, Maple Hill High School, Castleton; Selma Karem, Merchandise Manager, Fabric Division, The Boston Store, Utica; and Mildred Ryan, Educational Director, McCall's Patterns, New York. The Bureau is grateful to the following writers who developed the publication: Ann Hacker, Home Economics Teacher, Washington Irving High School, New York; Evelyn Kosowsky, Home Economics Department Chairman, Norwich High School; and Jean Millard, Home Economics Teacher, Linton High School, Schenectady.

Assistance relating to content was provided by Janet E. Popp, Associate in the Bureau of Home Economics. Nelson S. Maurer, Associate in the Bureau of Continuing Education Curriculum Development coordinated and supervised the preparation of the manuscript for publication.

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Message to the Instructor

People are the most important resources in a community or nation. The degree to which they are educated to cope with such tasks as earning a living, raising a family, and purchasing goods and services determines to a great extent the future of the community and nation. Therefore, in this time of technological advancement and change affecting every family member, continuing education plays a vital role in keeping the public informed, improving individual skills, and helping individuals to formulate attitudes and goals for today and the future. To plan and teach a meaningful program, the instructor must know his students and understand their reason for deciding to participate in a continuing education program.

The tasks of defining group and individual objectives, identifying basic concepts and skills to be taught, organizing for teaching and stimulating learning require a knowledgeable instructor. This publication has been prepared to help instructors of adult textiles and clothing programs improve their teaching. It is designed to be used with the following Department publications: Clothing Services Training Guide, Resource Courses for Planning Local Adult Homemaking Programs, and Resource Kit Tips for Teaching Textiles and Clothing.

Each section in this guide pinpoints suggestions in such areas of concern to the instructor as planning the curriculum, giving instruction, providing an effective learning environment, and evaluating teaching effectiveness. A resource kit of selected materials has been compiled to give examples of the types of free and inexpensive teaching aids available. A copy of this kit may be secured from the Bureau of Continuing Education Curriculum Development, State Education Department, Albany, New York, 12224. Distribution is limited to one kit per school.

The services of the staff of the Bureau of Home Economics Education are available to plan inservice meetings for groups of clothing instructors and to speak at regional meetings of adult directors and supervisors of home economics on the nature and scope of the textiles and clothing field in home economics continuing education.

Instructors are urged to communicate to this Bureau their comments regarding the usefulness of the publication and to suggest additional materials that might be included in a subsequent revision.

LAURA M. EHMAN, Chief Bureau of Home Economics Education

JOHN E. WHITCRAFT, Director Division of Occupational Education



Contents

	Page
Foreword	iii
Message to the Instructor	i١
Section I — Establishing Effective Staff Relationships Personal Qualities Associated With the Successful Instructor	1
Relationship of the Instructor to the Director of Adult Education	1
Relationship of the Instructor to the Secondary Home Economics	
Teacher	2
Section II — Understanding the Adult Student	3
Motivation of the Adult Student	4
Selected Principles of Learning and Suggested Action	4
Section III — Planning the Textiles and Clothing Curriculum	9
Personal and Family Living Education Objectives	9
Occupational Education Objectives	10
Organization of a Course	11
Section IV — Giving Instruction	16
Selection and Use of Suitable Teaching Methods	16
Selection and Use of Appropriate Teaching Aids	21
Development of Effective Learning Experiences	24
Form for Evaluating Teaching Aids	29
Section V — Providing an Effective Learning Environment	30
Characteristics of an Effective Physical Environment	30
Resources to Supplement Classroom Facilities	31
Section VI — Evaluating Teaching Effectiveness	33
Use of Evaluative Devices	33
Selection of Evaluative Devices	34
Checklist for Teacher Self-Evaluation	36
Student Score Card for Judging Plain Seams	37
Machine Stitching Performance Test	38
Types of Objective Tests	39
Source List	40
Bibliography	45



Establishing Effective Staff Relationships

Each instructor holds the key to a challenging and effective learning situation. One reason it is difficult to define common factors in good teaching is that each instructor is primarily a unique individual. The ability to provide leadership and inspiration for learning is based on the instructor's own feelings of competence and personal worth. These can be reinforced through continuing personal and professional growth.

PERSONAL QUALITIES ASSOCIATED WITH THE SUCCESSFUL INSTRUCTOR

An analysis of various rating scales used by placement bureaus and school systems indicates that there is no one set of traits which can be used as a criterion of success. However, the following list can be used by the instructor who wishes to evaluate his assets and liabilities:

Adaptable	Enthusiastic	Punctual
Amiable	Foresighted	Resourceful
Business-like	Humorous	Sincere
Considerate	Inspirational	Sociable
Cooperative	Kindly	Tactful
Courteous	Patient	Tolerant
Dependable	Poised	Well-groomed

RELATIONSHIP OF THE INSTRUCTOR TO THE DIRECTOR OF ADULT EDUCATION

The director of adult education is responsible for the overall operation of the continuing education program and for carrying out the policies established by the Board of Education. The instructor can obtain from the director the guidance and procedures for such responsibilities as:

- Helping to promote the course
- Establishing an advisory committee
- Making community contacts
- Registering class members
- Taking attendance at each class session

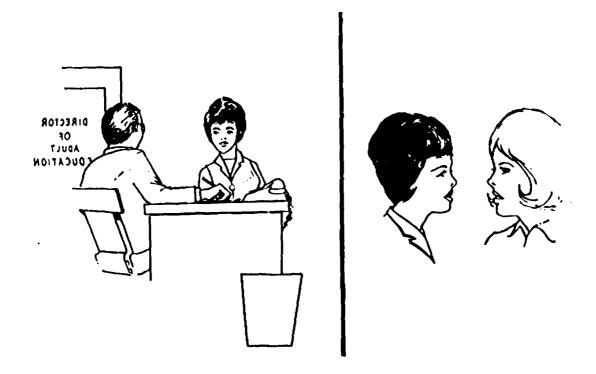
Frequently a director organizes an inservice training program which covers concepts of adult education, new methods, and experiments regarding specific areas of study. The instructor should participate and bring his special needs to the attention of the director.



RELATIONSHIP OF THE INSTRUCTOR TO THE SECONDARY HOME ECONOMICS TEACHER

The adult education clothing instructor is a part of the home economics department and as such frequently shares with the secondary teacher the same facilities and equipment. The first step in establishing good rapport with the secondary teacher is to contact him as soon as possible to determine the best means of working together.

- The secondary teacher should accept the responsibility of:
 - Arranging storage space for adult education supplies
 - · Leaving counter and table space free
 - · Leaving equipment in good working order
 - · Suggesting and loaning suitable visual aids
 - Inviting adult instructors to selected home economics department activities
- The adult education instructor should accept the responsibilities of:
 - · Leaving the room and equipment in good order
 - · Notifying the secondary teacher of needed repairs
 - · Asking about the care and use of new or unfamiliar equipment
 - · Planning well in advance for the use of visual aids or equipment



ESTABLISHING EFFECTIVE STAFF RELATIONSHIPS



Understanding the Aduli Student

A successful continuing education program is one that is based and designed upon the needs of individuals. It is important that the instructor be aware of the strengths and weaknesses of his students. Characteristics and attitudes of the adult learner must be understood before a satisfactory program can be organized.

PROFILE OF THE ADULT STUDENT

The adult student might well represent a cross section of the entire community. He may be a young adult, a middle-aged person, or a senior citizen. The adult student may be unmarried, married, divorced, or widowed. He may be a member of a beginning family, an expanding family, a family in the middle years, or an aging family. His work status may place him with the employed, the unemployed, or the retired. In addition he may be numbered among the members of various ethnic, economic, and cultural groups. Also the adult student may have physical and/or mental handicaps.

The characteristics and attitudes of adults which influence the approach, content, and method of teaching include a:

- Tendency to have preconceived ideas about education because of his experiences with formal education, television, radio, newspapers, and life situations
- Desire to find direct ways to solve immediate problems satisfactorily
- Need for satisfying outlets for self-expression
- Desire to obtain status and recognition
- General sensitivity, fear of embarrassing criticism, and a tendency to be discouraged easily
- Tendency to resist change and a need for feelings of confidence and security before taking action
- Possible physical and mental fatigue due to family, job, and community responsibilities
- Reluctance to discuss personal problems and concerns
- Practical outlook resulting from experience in living



MOTIVATION OF THE ADULT STUDENT

Adult education is *voluntary*. The student who comes to adult education wants to come. He may be interested in learning a new skill, upgrading a present skill, or meeting new people; he is not seeking course credits or grades. He may come because he knows about you, the instructor, or in response to a written or oral invitation, to a description in a newspaper or circular, or to a spot announcement on radio or television.

The adult student must continually be motivated. If his experience in class is worthwhile, he will continue to attend; if not, he will become a dropout.

SELECTED PRINCIPLES OF LEARNING AND SUGGESTED ACTION

An instructor who understands some basic principles of learning and is able to apply them is apt to be successful in motivating persons to learn. Six principles of learning and suggestions for action have been identified on the following pages. Since no one method is best for all situations, a variety of ideas have been suggested. They do not relate to a particular course, but rather reflect content in a variety of phases of adult study in textiles and clothing.

- 1. The Student Learns Best What He Wants To Know
 - Determine why each person enrolled in the course and what each hopes to get out of it.
 - Introduce each student or have each one introduce himself to the group at the first session and have him give his reasons for attending class.
 - Develop and use such pretest devices as a performance test, personal interview, or an objective test that would provide the desired information. See examples of such devices at the end of this section.
 - Offer a choice of learnings and point out ways in which the course will give the student what he wants and needs.
 - Utilize student-instructor planning. Distribute the plan for the entire program to the class. Describe the way the lessons have been set up and how the course may be used for each person's benefit. Ask the students to suggest additional ways of accomplishing goals.
 - Evaluate the program continuously in order to appraise learnings and provide objective criticism.
 - Use various evaluative devices such as a checklist, a performance or an objective test.



- 2. Experiences Are More Meaningful When Built Upon Step-By-Step Learning Situations
 - Help the student to recognize the relationship of each part of the course to the overall objectives.
 - Show how each part of the course includes learnings that build upon previous experiences. For example, place on the chalkboard the following information:

Subgoal - to be able to select patterns according to figure type and size
Overall Goal - to have a finished garment that fits well

- Point out that different class activities are related to the purpose of the course.
 - Display examples of finished garments or show through visuals what can be accomplished.
- Provide at each session some new knowledge or skill that can be used immediately in school or at home.
 - Apply new learnings. For example, after a lesson on buying, ask students to do some comparison shopping and report their findings at the next session.
- 3. The Student Learns What Has Personal Meaning For Him
 - Adjust the course content to meet the needs of each student.
 - Determine student's needs by the use of a questionnarie. Evaluate this information and modify those items in the course which should be changed to meet individual requirements.
 - Conduct individual conferences with each class member and ascertain what he can do and what he needs to learn to accomplish his objectives. Use the information to place in groups students with similar abilities.
 - Teach on the level of the student's background and experience.
 - Establish the teaching at a level that offers a challenge but not so difficult that the students become discouraged and lose interest.
 - Teach one thing at a time and make sure it has been understood, before going ahead to a new point.
 - Observe students carefully and watch for signs of frustration, lack of interest, and inability to see or hear clearly.
 - · Listen actively and answer questions honestly.
 - · Speak clearly and make sure the students understand you.
 - Use a variety of methods and activities to stimulate interest and greater self-confidence.



- Use a variety of activities in the classroom such as sewing by hand, stitching on machine, laying out a pattern, studying fashion magazines and catalogs, or straightening and ironing fabrics.
- · Utilize a variety of methods to teach an activity. For example, transferring pattern markings may be taught by demonstration, filmstrip, film, textbook, manual, model, or exhibit.
- 4. The More The Student Is Involved, The More He Is Likely To Learn
 - Involve the student; do not let him just sit, look, and listen.
 - Discuss ways that students can help each other learn. For example, they can assist by sharing their knowledge, demonstrating special skills, describing or reporting on current conditions in industry, or comparing methods and techniques in class with those used by others.
 - Use the "buzz"-session technique to discuss and compare specific aspects of grooming which students have researched or studied.
 - Provide opportunities for sharing knowledge.
 - Role play a situation involving a customer with a fitting problem and an alterationist, and solve the problem efficiently, diplomatically, and courteously. Discuss the effectiveness of the alteration.
 - Ask students to demonstrate such things as making special holiday decorations utilizing fabrics or comparing advantages of various methods of spot and stain removal.
 - Divide the class into small groups.
 - Place in groups those who enjoy working together, are working on similar types of projects, or have similar levels of ability or skill.
- 5. The Student Learns Best When He Feels Secure
 - Give students individual attention; if they feel lost in the crowd, they may leave the class physically or mentally.
 - Be alert for the student who may be waiting to get your attention.
 - Be understanding because learning new skills may require changing old patterns. Explain that this is a common problem and not necessarily peculiar to older students. Because of this situation give reassurance frequently.
 - · Encourage questions, suggestions, and disucssion.
 - Show students you like and enjoy doing things with them.
 - Greet and teach students with enthusiasm. "Enthusiasm is not taught—it is caught."



- Show students that you value them as individuals.
 - Send a note to an absentee or a card on the occasion of some special event.
 - Ask students to bring in samples of completed work to show to classmates.
 - · Praise good work.
 - · Be moderate with criticism.

Never criticize in presence of other students.

Praise something first.

Appeal to the student's self-interest.

Find out why the student made the mistake.

End with a smile.

- Show students that you can learn from them.
 - Ask students with special abilities to give demonstrations. If a student is working in industry, have him give labor's point of view of a specific problem or event.
- 6. Nothing Succeeds Like Success
 - Give students a chance to be successful for a satisfying experience makes a person want to learn. The incentive to learn is deadened by too many failures.
 - Provide short units of work to give students a feeling of success and mastery.
 - Give approval promptly to let the student know when he is successful
 - Exhibit students' work to publicize their achievements.
 - Produce a fashion show to permit display of accomplishments for the approval of others.
 - Appraise the progress made toward goals established by the instructor and students.
 - Ask each student to complete a checksheet and evaluate his progress toward the achievement of the desired goals.



Rememberl

- The student learns best what he wants to know.
- Experiences are more meaningful when built upon step-by-step learning situations.
- The student learns what has personal meaning for him.
- The more the student is involved, the more he is likely to learn.
- The student learns best when he feels secure.
- Nothing succeeds like success.



PRETEST DEVICES

Below are selected types of evaluative devices with sample questions that could be developed and used to determine a student's level of ability in clothing construction.

Performance Test

Directions: Using a sewing machine and the fabric supplied, perform the procedures listed below.

- 1. Wind a bobbin.
- Thread the machine,
- Set stitch regulator for basting.
 Fold fabric on lengthwise grain.
 Stitch ½ inch from fold.

Personal Interview Guide

Direc	tions: Ask student the following	
	questions and record answers.	Type of Answer Good Poor
1.	How would you place a pattern on the	
	straight grain of the fabric?	1
2.	How would you determine the correct	
	size of pattern to buy?	2
3.	How are pattern pieces put together?	3
	How do you determine the correct	
	size of machine stitch to use?	4
5.	How and where do you use interfacing?	5
6.	What is the purpose of understitching?	6
Objecti	ve Test	
Direc	tions: For each statement, write in the space of the word or phrase which best comple	provided the letter tes each statement.
1.	An example of a figure type is: (a) size 16 (b) 34" bust (c) junior (d) 5'6" ta	all 1
2.		2.
	(a) linen (b) silk (c) nylon (d) wool	۷٠
3.	The lengthwise grain of fabric is parallel to (a) crosswise grain (b) selvage (c) bias (d) to	the: orn edge 3.
4.	Armscye is the same as:	· · · · · · · · · · · · · · · · · · ·
	(a) sleeve (b) armhole (c) wrist (d) neckline	4



Planning the Textiles and Clothing Curriculum

Adult education is tailormade education. To be effective, it should serve the different needs of many kinds of people. To be meaningful, it should be flexible and include a great variety of teaching methods. To be included in a program of continuing education, it should be geared toward improving and increasing the level of each student's competence.

Education for personal and family living and education for occupational competence in service level jobs which utilize the knowledge and the skills of home economics are the two aspects of the home economics education program. Both aspects contribute to the overall goal of home economics by assisting family members to achieve a satisfying personal, family, and community life. In order to become effective parents and citizens, many adults need help in meeting the new and varying situations that occur in their homes, places of employment, and in the world. Therefore, it is important that one part of the continuing education program focus on home economics education.

Objectives and content as they relate to the phase of textiles and clothing are identified below. Additional objectives for home economics education can be found in the publication entitled, Continuing Education in Home Economics for Out-Of-School Youth and Adults - A Guide for Planning and Organizing Local Programs. In a given community and at a specific time, a program of continuing education in home economics may be more concerned with one objective than with another. Each of the objectives suggests a wide range of possible learnings and activities and provides a source of ideas from which to schedule opportunities for adult learning in a variety of ways. In addition to the objectives for the two aspects of the textiles and clothing program, major content areas are also listed.

PERSONAL AND FAMILY LIVING EDUCATION OBJECTIVES

Objectives for the personal and family living education aspect of home economics as they relate to textiles and clothing cover the broad spectrum of possibilities and are listed below. No single course is likely to contribute to the achievement of all the objectives but may provide substance for some. Study in textiles and clothing will help the adult student to:

- Understand how fashion is ever changing due to societal and economic factors and forces
- Follow good health and beauty practices and promote their use by other family members
- Recognize a well fitted garment



- Know characteristics of garments needed by individuals at different growth periods
- Use good consumer practices when making clothing purchases
- Be aware of trends in retailing and legislation which affect the consumer
- Make intelligent decisions in the selection and use of textiles
- Evaluate personal figure characteristics and select clothing accordingly
- · Show judgment in home care of clothing
- Select and use properly appropriate sewing equipment
- Make judgments about selection of fabrics, pattern, pattern supplies, and sewing procedures in order to continue to develop sewing skills
- Make a well constructed garment
- Alter garments to bring them up-to-date and make them more becoming
- Find increased personal satisfaction in clothing construction

Content in the textiles and clothing aspect of home economics includes: fashions; grooming; selection, care, and construction of clothing; and textiles. A curriculum guide entitled Resource Courses for Planning Local Adult Programs provides general course outlines and content from which local programs can be developed. Information, understandings, and skills should be directly related to the special needs of participants.

Suggested phases of study in personal and family clothing include: selection, care, and construction of clothing - basic, intermediate, and advanced levels; tailoring - basic and advanced levels; children's clothing; personal appearance and grooming; selection and care of personal and family clothing; and buying clothing for the family.

OCCUPATIONAL EDUCATION OBJECTIVES

Objectives for the occupational education aspect of home economics as they relate to the curriculum area of clothing services pertain to the development of competencies needed to perform various jobs. Participation in a clothing service training program will help the adult student to:

- Be aware of personal qualities needed for success in jobs in the clothing services area
 - Choose and use sewing equipment wisely and safely and maintain the work area efficiently
 - Use a commercial pattern in the construction of clothing



- Exhibit basic skills in the construction process
- Make repairs and alterations on clothing
- Use equipment and supplies effectively in laundering, cleaning, and pressing of clothing
- Use facilities and equipment for efficient clothing storage

Content for many service-type occupations in clothing services have been grouped in clusters according to closely allied responsibilities. Each cluster heading implies content which would be covered in a training program. The content covered will depend on such factors as the current needs of adults, employment opportunities, ability level of individuals to be trained, and the availability of competent staff and facilities. The clothing services occupational clusters with selected job titles are listed below:

- Constructing garments dressmaker's helper, hand sewer, seamstress, dressmaker, hat trinner, milliner's helper
- Altering garments women's garment alterations, seamstress, alteration ripper, woman's garment fitter, alteration tailor's helper
- Collecting and sorting garments clothes room worker, launderette attendant, marker, classifier
- Laundering and pressing garments laundress, laundryman, ironer, hand presser, all-round presser
- Managing garments wardrobe mistress, home clothing maintenance specialist
- Selling garments, accessories, fabrics, and sewing equipment salesperson

ORGANIZATION OF A COURSE

Well-organized plans, flexible enough to meet the demands of changing situations, furnish a working basis for successfully achieving program goals. Suggestions for a program carried through from an overall plan down to a daily schedule are outlined in this section. Each session contributes toward the total program in which small objectives eventually lead to a larger, more comprehensive whole. However, the final test of good planning is that it should be workable. What may be suitable for one instructor may not be satisfactory for another. Successful instructors realize that situations differ, and therefore, will not attempt to use any course of study, training plan, or example as it is given but will adapt the material to meet their needs.

Planning a Total Course

Planning tends to give unity and coherence to a program. It helps the instructor to see the broad picture of the plan as well as the individual parts. A total plan involves the identification of tentative objectives



and the designation of an approximate time distribution for the program. Probably the most effective way of visualizing a whole course is to set up a tentative calendar. The form may vary but it should be posted or duplicated and distributed to participants for reference with the understanding that the plans are tentative and may be modified. The following example provides a suggestion for the development of a total plan. The course selected can be found in the Department publication containing adult courses for the homemaking aspect.

Course Title: Selection and Care of Personal and Family Clothing Course Objectives

- To determine clothing needs for self and family
- To select clothing which is pleasing in appearance, well designed, and appropriate for the individual and occasion
- To follow good practices in the care of clothing including storing, laundering, pressing, removing stains, repairing, and remodeling

Calendar of Scope and Sequence (10 sessions, 2 hours each)

Sessions

Content Outline

Selection of Clothing

- Factors to consider when determining individual and family needs
 - · Durability of available garments
 - · Activities of the individual
- Factors to consider when selecting clothing
 - Design
 - Style
- Appropriateness to individual
 - Appropriateness to occasion
 Quality

7 colored Care of Clothing of the section of the se

- Procedures for care of clothing
 - Removing stains 1998 1998
- the same of the same of the Laundering garments
- Repairing garments
 - Ironing and pressing garments
 - Brushing garments
 - √ Altering garments
 - Redesigning garments
- so the first of the constraint of the state of the constraint of t



Planning a Unit

Once the instructor has formulated a general picture of a program, it then becomes his responsibility to work out specific aspects of the program in more detail. This is frequently referred to as planning the unit. Planning each unit requires much the same procedure as planning the total course, except that the planning is limited to an area in which the adult students will work for only one or several sessions. This procedure makes it possible to give full consideration to individual needs, interests, and abilities.

Much of the unit planning can be done cooperatively with the class participants as situations arise. However, the burden of responsibility rests on the instructor. Only by having an extensive knowledge of objectives to be achieved and content to be covered, can the instructor plan meaningful experiences. The following example illustrates one way a unit plan can be developed. The material used is based on the calendar for Selection and Care of Personal and Family Clothing found in another part of this section.

Course Title: Selection and Care of Personal and Family Clothing

Unit: Selection of Clothing (three sessions)

Unit Objectives

- To determine clothing needs for self and family
- To select clothing which is pleasing in appearance, well designed, and appropriate for the individual and occasion

Suggested Learning Experiences

- Ask students to inventory current wardrobe of one family member. Determine those garments that are in good condition and those in need of repair, alteration, or removal. List activities of family member and determine additional wardrobe needs and the steps needed to complete the wardrobe.
- Invite a buyer from a retail store to discuss good shopping practices and quality construction in ready-to-wear merchandise.
- Show a film or filmstrip that illustrates line and design of clothing for various figure types. Discuss figure types and desirable ways to produce line, use color, and emphasize good figure features.

Planning a Session

Once the total course and the units have been carefully determined, it then becomes necessary to visualize a plan for each a ssion. There is no one way of organizing a lesson plan; however, any 1 con will include the following basic aspects:



- A topio to be introduced, developed, and concluded within a specific time schedule
- Specific objectives to evaluate a student's progress and the instructor's effectiveness
- Teaching aids to enhance a student's interests and cause him to work willingly and enthusiastically
- A motivating procedure to arouse a student's interest to a point that he wants to learn
- Learning experiences to indicate those understandings that are to take place and the content
- Teaching methods or techniques to stimulate and maintain a student's interest and promote the most effective learning experience selected according to the purposes, goals, interests and abilities of the group, and the ability of the instructor to use them
- A summary of the learnings at the conclusion of the lesson to see how well the aims have been achieved
- Evaluative devices to measure a student's progress
- Instructor references to locate specific content, illustrations, and aids useful in carrying out the session plans

The following example utilizes the various aspects of a well-planned lesson. The topic selected has been taken from the calandar of scope and sequence for the Selection and Care of Personal and Family Clothing and is checked (\checkmark) for easy identification.

Course Title: Selection and Care of Personal and Family Clothing

Topic: Altering Garments (Time - 120 minutes)

Topic Objectives

- To recognize the relationship of proper fit to the individual's appearance
- To follow correct procedures involved in making some common alterations
- To recognize the kinds of alterations that can or cannot be made

Teaching Aids

A garment that needs altering

A film or filmstrip on the fitting of garments



Supplies and equipment needed for demonstrations or class use such as dress form; pressing equipment; measuring and marking supplies—tailor's chalk, pins, tape measure; scissors; shears; and a seam ripper

Various reference books and bulletins on the alteration of clothing

Motivating Procedure

Select a student to model a garment that needs alterating and have the class suggest possible changes. (Time - 10 minutes)

Learning Experiences

- Show and discuss a film of filmstrip on the fitting of garments. (Time - 20 minutes)
- Demonstrate the correct way to make some of the more common adjustments such as changing a hemline or waistline, letting out or taking in seams, adjusting shoulder line, adjusting length or width of sleeves, and realigning buttons. (Time - 60 minutes)

Points to emphasize include:

- Do fitting on the person, not on a dressmaker's form.
- Check fit before stitching.
- Do first things first adjusting waistline, side seams, or shoulder seams before altering the hemline.
- Work with grain of fabric.
- · Remove original stitching carefully.
- Consider type of fabric for ease of handling, care, and permanency of stitchmarks.
- Consider advisability of making the alteration including time, effort, cost, and the use of garment.
- Ask students to identify their major fitting problems, either individually or in subgroups. Locate illustrations in reference materials and list steps needed to alter various types of garments. Suggest that students select garments in their current wardrobe that need altering and bring them to the next session for discussion of problems encountered and possible solutions. (Time 30 minutes)

Instructor Reference

Contraction of the Contraction o

Johnson, Mary. Mary Johnson's guide to altering and restyling ready-made alothes. New York. Dutton. 1964.



Giving Instruction

Through careful planning and implementation, the instructor will be able to motivate his students, help them to learn new skills, and to develop realistic goals and attitudes. At the same time the instructor will be able to achieve satisfying personal experiences and expand his educational achievements. Selecting for using suitable teaching methods, selecting and using appropriate teaching aids, and developing effective learning experiences are necessary for meaningful teaching. Each of these aspects is developed in detail on the following pages.

SELECTION AND USE OF SUITABLE TEACHING METHODS

"The" good teaching method is basically a method which is the best one for a particular type of situation or subject. No one method can be used in all situations. In selecting the most desirable method, the instructor needs to know the values of the various methods and how they are carried out. The value of a particular method depends on the skill and resource-fulness of both the instructor and the student. An instructor who uses a wide range of methods adds interest to his class and makes the subject matter more meaningful to the student. Those methods found most useful for teaching in the field of textiles and clothing are demonstration, guest speaker, role playing, panel or round table, field trip or tour, discussion, student project, and buzz session. Some advantages and suggestions for the use of each method are explained below. These methods may also be used with various teaching aids and other media.

• Demonstration - A procedure of doing and explaining some thing in the presence of others

Advantages

- Attracts and holds attention
- · Understood easily
- Convincing
- Presents theory with practice

Where to Use

- Clothing construction Straighten fabric before laying it on the pattern.
- · Use and care of equipment Use a machine for stitching.
- · Care of clothing Show the difference between ironing and pressing.

How to Use

Preparation

• Plan the steps including things to be done and points to emphasize.

(Allow time for discussion.)



- · Gather and organize materials similar to those used by students.
- Arrange for adequate space and light so that each student will be able to see and hear.
- · Practice ahead of time.

Performance

- Give purpose of the demonstration; outline the main steps and state the important points.
- · Show each step slowly and carefully and relate it to the next step.
- · Raise questions and encourage students to ask questions.
- · Ask selected students to assist with demonstration.
- · Use illustrations and explanations.
- · Supplement with literature, models, or visual aids.
- · Make clear the "why," "how," and "when."
- · Summarize key points on chalkboard or flannel board.
- · Clarify questions.

Followup

- Request students to do the process one step at a time.
- · Give individual guidance when needed.
- * Raise questions to clarify points.
- · Assist in application to personal needs.
- Guest Speaker A competent person who has special knowledge in a particular field which is recognized and appreciated

Advantages

- Brings ideas and viewpoints not found in textbooks
- · Clarifies information for students
- · Lends authenticity to subject under discussion

Where to Use

- Care of the hair Invite a beautician or beauty counselor to review current hair styles.
- Beauty in dress Invite an art teacher to relate principles of color or art to dress.

How to Use

Preparation

- · Assess contribution he will make to that particular class.
- Consider his attitude toward adult education and his ability to interest and communicate with adults.
- Contact initially by phone or in person; send followup letter confirming visit including place and time of arrival, size and makeup of class, topic and time available, a desire for a question and answer session, and permission to interrupt to clarify a point or ask a pertinent question.
- Determine physical facilities available in room and make arrangements for use of needed equipment.
- Prepare class in advance by giving name of speaker, topic, points he will discuss, and his qualifications as a resource person.



Performance

· Meet speaker.

· Assist in setting up materials.

· Introduce speaker to class.

· Clarify points and relate to previous classwork.

. Thank verbally and followup with a letter of appreciation.

Followup

- Review and discuss important points at next class session. (Could also indicate the effectiveness of speaker and the advisability of using his services again.)
- Role Playing Class members spontaneous acting out a situation portraying a human relations problem common to the group

. Advantages

- Presents a common situation for class discussion
- · Helps students to react to a problem impersonally
- · Assists students to identify personal problems

Where to Use

• Consumer practices and ethics - Dramatize a purchase at a local store to show what takes place or should take place between the shopper and the clerk.

How to Use

Preparation

- · Select a particular skill or attitude.
- · Describe characters to be played.
- · Select participants.
- · Give participants 8-10 minutes for preparation.

Performance

Continue action until interest is at a peak both for the participants and the remainder of the class.

Followin

- · Encourage questions and discussion by entire class.
- Panel or Roundtable A small group discussing a topic in which they have a special interest

Advantages

- · Helps members to think clearly and quickly and talk freely
- Presents to the class in an organized fashion the opinions of a group of people

Where to Use

 Consumer practices and ethics - Invite a merchant, a salesperson and a consumer to discuss the relationship between the consumer and the merchant.



How to Use

Preparation

- · Arrange panel in a semicircle in front of entire class.
- · Ask leader to introduce members and topic.
- Suggest that leader ask stimulating questions (advised ahead of time) to start discussion between panel members.

Performance

• End panel discussion after 20-25 minutes.

Followup

- Lead a discussion between the class and panel. (Could also be done by panel leader.)
- Field Trip or Tour A group going to a specific place for a purpose such as observing a situation or an action

Advantages

- · Obtains information at the source
- Assists to develop an understanding and appreciation for things as they are
- · Helps to integrate the school and community
- · Provides a good way to introduce or conclude a unit

Where to Use

- Consumer practices and ethics Visit a shopping center to observe shopping procedures.
- Selection of fabrics Visit the fabric department of a large store or a fabric center to see types of fabrics available.

How to Use

Preparation

- · Relate trip to a basic idea or concept.
- · Visit facility first to evaluate its educational significance.
- Arrange for trip in a business-like manner request permission to visit facility, indicate number to expect, purpose of trip, time convenient for all involved, and secure approval of school administrator.
- · Keep cost at a minimum.
- Arrange for transportation as a group if possible.
- Prepare students in advance as to: purpose, things to observe, time of departure and return, and cost.
- Divide class into small groups and have a guide or leader for each group to maintain interest.

Performance

- Encourage students to ask questions. (Some may be formulated in advance.)
- Complete objectives agreed upon.
- · Leave time for summary of highlights.

Followup

 Schedule meeting of group as soon after trip as possible to review things observed and to answer questions.



- Evaluate trip in terms of: objectives agreed upon, interest shown by students, number and kinds of questions asked, attitude and response of students, the extent that students put into action the practices observed.
- Discussion A group of people talking over a particular problem for which further information is desired

Advantages

 Helps to gather much information before reaching decisions or solving problems

• Reinforces ideas and concepts

- · Provides a way to go from the known to the unknown by reasoning
- · Determines if a particular content has been mastered

Where to Use

- Wardrobe planning Discuss factors which determine whether to buy, make, or remodel garments.
- Consumer education Discuss the importance of studying and understanding the label before buying.

How to Use

Preparation

· Decide on learning objectives.

- Gather resource materials, organize into lesson plans, and prepare questions related to areas of discussion.
- Know as much as possible in advance about the personalities, backgrounds, and opinions of the students in order to recognize their needs.

Performance

• Guide the discussion to meet the needs of the individual class members.

Followup

- Suggest sources of information so that students may pursue the topic if they desire.
- Student Project A special assignment planned and carried out by an individual or a group

Advantages

- Concentrates interest and attention
- Encourages expression and experimentation
- · Changes words and ideas into a relevant and functional form

Mhere to Use

- Selection of accessories Choose suitable accessories to use with a particular type garment.
- Selection of fabrics Collect swatches of fabric suitable for a tailored suit or coat.



How to Use

Preparation

- * Cover one idea focus on a single point.
- * Keep simple avoid clutter.
- · Limit reading to a few words.
- * Use color boldly, but wisely. (Can indicate a mood.)
- · Utilize action and motion "mobiles."

Performance

. May be developed as the course progresses.

Followup

- Refer to the exhibit when the subject matter relates to it since the students may have an associated visual impression.
- "Buzz" Sessions A large group divided into subgroups for more individual participation

Advantages

- · Provides an excellent means for starting a class
- · Encourages shy members to speak up

Where to Use

- Personal appearnace Discuss the effects that clothes have on an individual.
- Effects of advertising on the consumer Discuss the advantages and disadvantages of advertising to the consumer.

How to Use

Preparation

- Select topic for discussion,
- Divide class into subgroups (4-5 people) and arrange members in a circle.
- · Limit the discussion to a definite length of time,

Performance

 Appoint a student to record pertinent points and to report to entire class at end of session.

Followup

· Lead full class discussion after each recorder has reported.

SELECTION AND USE OF APPROPRIATE TEACHING AIDS

A kit of sample teaching aids has been prepared to acquaint the inexperienced instructor with the various kinds of sources of materials that are available. If a kit of materials is not available at your school, write to the Bureau of Continuing Education Curriculum Development, State Education Department, Albany, New York 12224, and request the Resource Kit, Tips for Teaching Textiles and Clothing.

• What Are Teaching Aide?

 Supplemental instructional devices such as pamphlets, films, filmstrips, tapes, transparencies, charts, posters, magazines, newspapers, and flannelboard presentations



• Why Are Teaching Aids Used?

· Contain current information.

· Add interest and variety to the presentation

 Help make the adult student more independent since he can refer back to them for additional information

• Where Are Teaching Aids Found?

 Available from business companies, extension service, and other organizations (Sources for free and inexpensive teaching aids pertinent to the field of textiles and clothing are listed on pp. 40-44.)

• How Are Teaching Aids Secured?

• Use official school stationery, mention position, and state that the items will be used in the school.

· Indicate second and third choices of dates when borrowing materials.

• Request sample copies for examination with the privilege of ordering in quantity for students. (Some free and inexpensive materials will not be sent in large quantities but may be obtained by the individual student; several of the extension bulletins fall into this category.)

· Send for item several weeks before it is needed.

• How Are Teaching Aids Selected?

• Establish criteria for judging the value of a teaching aid including such items as date, accuracy, amount of advertising, simplicity, understandability, compactness, and appropriateness.

• Use or develop a checklist similar to the sample at the end of this section.

• When Are Teaching Aids Used?

Charts and Posters

• To promote a discussion

· To reinforce a point

• To provide good reference material for use by the learner at home and/or in school

Films, Filmstrips, and Slides

 To show a single concept or a sequence of events as in a step-bystep development of skills

· To introduce or review a new understanding

· To provide a common experience background for a class

· To show processes too small, too slow, or too fast to be observed

To promote discussion

Flannel Board Presentations

- · To help develop ideas in proper order
- · To utilize both sight and sound to get a point across

Projected Still Pictures and Transparencies

- To show printed material or a picture on a screen so that all students can see it at the same time
- · To give detailed instruction or introduce a demonstration



- To focus attention on a specific part of a lesson
- To stimulate discussion
- To introduce or review a lesson
- To develop a unit from the separate parts

Publications

- To motivate student's interest in studying a topic use covers of publications and illustrations from materials on bulletin boards
- To provide students with resources for home use display free materials in quantity for students to pick up, read, and take with them
- To help students gain new knowledge distribute copies of folder or booklet and assign for class reading
- To interpret values and activities of class to others exhibit at open house and in school display cases

Tapes and Transcriptions

- To stimulate discussion
- To encourage students to think of "action steps" they can take as a result of hearing tapes and transcriptions (For example, a class studying "the why and how of fashion" might tape a discussion on the reasons we dress as we do. Another class might listen to the tape and use it as a basis of discussion. This is especially good if a teacher has two entirely different groups of students.)
- To use a talk given by a resource person in other classes

Video Tapes

- To stimulate discussion
- To bring to the classroom programs that would be impossible to obtain "live"
- To serve as a master teacher, thus releasing the instructor for more individual interpretation and supervision
- To allow students to view a program during class time instead of having 'homework' assigned at inconvenient hours
- What Preparation Is Necessary Prior to the Use of Teaching Aids?
 - Order required equipment shead of time from the secondary home economics supervisor or teacher, director of adult education, principal, or person in charge of audiovisual equipment. (Such equipment would include: overhead projector, opaque projector, movie projector, record player, tape recorder, flannel board.)
 - Preview teaching aid before showing it to the class to be sure it fits their needs. (Adult students have an intense dislike for "time fillers.")
 - Make arrangements to learn how to operate the equipment. (Adult instructors cannot always find someone to help them operate equipment during the class session.)
 - · Arrange room so that everyone can see.
 - Place screen so the least amount of outside light is reflected onto it.
 - Darken room to improve the projection of films, filmstrips, slides, or pictures viewed through the opaque projector.
 - Explain to class what they will see and discuss the more important terms used.



- Stop film or filmstrip as needed during presentation for class discussion.
- Plan a question and answer session or group discussion following use of film, filmstrip, or tape.
- How are Teaching Aids Maintained and Stored?
 - · Date all materials and discard items that become obsolete.
 - Organize materials for filing; place under such categories as grooming, fashion, textiles, construction, selection, care, or employment opportunities.
 - Store in a portable file or a cabinet in the classroom which is assigned only for use by the adult instructor.
 - Store transparencies with a tissue or sheet of paper between each one to prevent damage.
 - · Store films and filmstrips in a cool, dry, dark area.

DEVELOPMENT OF EFFECTIVE LEARNING EXPERIENCES

In addition to establishing the tentative objectives, the instructor also develops adequate experiences which guide the students to the acheivement of those objectives. The instructor must at all times balance the mental experiences with the physical activities if the complete development of the individual is to be attained. While it is probably neither possible nor desirable to separate a mental experience from a physical experience, there are certain objectives which may include more mental activity than physical and vice versa. The following examples may serve as illustrations:

Example A

Objective
To determine the most effective lines for various figure types

Experiences
Show a film or filmstrip that gives examples and presents the effects of various lines on a variety of figures.
(Largely mental)

Have students experiment with various pattern lines on each other and discuss the effect on the individual. (Both mental and physical)

Example 8

Objective
To learn how various fibers and fabrics are made

Experiences
Show a film on making fibers and fabrics and discuss the characteristics of various fabrics. (largely mental)

Show the various characteristics of sample fabrics. Have students test samples for such characteristics as flammability, absorbency, pilling, and crocking. (both mental and physical)



All experiences should be considered tentative and capable of modification. Frequently an experience will have to be changed if the group finds a variation in conditions or if additional evidence makes them realize that something has been overlooked.

The examples of selected learning experiences given below show that a variety of teaching methods and aids can be incorporated into an exciting experience. An attempt has been made to select representative learning experiences from the total clothing curriculum for both homemaking and occupational education. These learning experiences are appropriate to teach aspects of essential learnings in the following courses: Selection, Care, and Construction of Clothing (Basic); Selection and Care of Personal and Family Clothing; Children's Clothing; Personal Appearance and Grooming; and Clothing Services.

In the following examples of learning experiences, teaching aids are capitalized and methods are italicized.

Area of Study: Selection, Care, and Construction of Clothing (Basic)

• Selection of Project

Distribute PRETEST for adult clothing class. Request students to complete the PRETEST; explain that it will be used to identify their ability and interest levels. Evaluate the results and use the information as basis for grouping students and having them select appropriate types of projects.

• Selection of Pattern

Show FILMSTRIP on figure types to identify the various figures for which patterns are made. Refer to commercial CHARTS and demonstrate how pattern sizes vary according to height, body measurements, and contour, rather than according to age or ready-to-wear size. Have students determine pattern size by taking and recording partner's measurements and then comparing with standard body measurements listed on chart.

Selection and Use of Personal Sewing Equipment

Display labeled sewing TOOLS and EQUIPMENT; have students identify by name and use. Plan with students a list of essential and nonessential but desirable tools and equipment for use at school and at home.

• Operation of Sewing Machine

Distribute commercial MANUALS or teacher-prepared SHEETS which describe and illustrate the parts and functions of the sewing machine. Use large CHARTS and have students *locate* various parts of the machine. Divide the class into small groups and have students practice threading machine, adjusting tension, and



replacing a needle. Demonstrate by means of a breaktest how to identify proper balance between upper and lower tension.

Alteration of Garments and Commercial Patterns

Explain the use of commercially-prepared bodice SHELLS that are available in assorted sizes. Have students try on size closest to their own to see where alterations are needed. Show the same areas on a paper PATTERN. Have students make required adjustments, allowing for ease, following the steps outlined in reference MANUALS or a guide SHEET. Alter adjoining sections so that seam lines will still match.

• Selection and Use of Sewing Machine Attachments

Display sewing machine ATTACHMENTS used for different processes such as tucker, buttonholer, zipper foot, hemmer, and gathering foot. Show SAMPLES of products made by using each attachment. Demonstrate use of the attachments as the need arises and point out specific kinds of stitch regulation or control required. Have students study directions in the instruction MANUAL and practice on a SAMPLE of fabric similar to the one to be used in their project.

• Construction of Garment - Preparation of Material

Display two readymade DRESSES that are similar with the exception that one is cut on grain and the other off grain. After both dresses have been examined by the students, elioit from them statements showing that they recognize the fact that grain affects appearance and hang of garments. Emphasize importance of straightening grain before laying out pattern. Demonstrate methods of straightening fabric such as tearing on crosswise grain, pulling a crosswise thread and cutting through the drawn space, or stretching fabric on bias in opposite directions until crosswise threads are squared with the selvage. Inform students that some of the newer finishes result in fabrics that are permanetly off grain. Have students straighten their FABRIC using the most appropriate method.

• Color and Design of Fabric in Relation to Pattern and Individual

Use TRANSPARENCIES and OVERLAYS to show how an optical illusion is created by different lines, designs, and color. Draps sample lengths of FABRIC on FORMS to develop more fully this understanding and to recognize the additional impact of color and texture. Discuss fabrics suggested on the pattern envelopes and have students make their selection based on their figure and taste.



Area of Study: Selection and Care of Personal and Family Clothing

• Selection of Fabric

Distribute labeled SWATCHES of fabrics with different fiber content. Use commercially prepared BULLETINS or PUBLICATIONS for reference information on the care of specific types of fabrics. Discuss reasons why directions for care of fabrics vary according to fiber content, weave, and finish. Demonstrate effects of soap, hot iron, and excessive handling on the various SAMPLES distributed. From these findings have students determine methods of selecting a fabric with specific characteristics.

Area of Study: Children's Clothing

• Selection of Children's Clothing

Use an OPAQUE PROJECTOR to show CARTOONS that illustrate situations involving children to stimulate a discussion of the physical and personality differences among children at different ages. Show SAMPLES and ILLUSTRATIONS of children's clothing for the various age groups discussed and point out differences in fabric, style features, and silhouettes. Have students select a basic wardrobe for a child of a particular age, keeping in mind that personal characteristics of a child affect the choice of a garment.

Area of Study: Personal Appearance and Grooming

Accessory Selection

Demonstrate using a FLANNEL BOARD the effects of different kinds of accessories on a basic costume. Discuss the suitability of accessories to the individual and to the garment in terms of color, use, and type of garment. Suggest that students make or purchase an accessory suitable for a specific garment or costume.

Achievement of Good Physical and Mental Health

Use SHADOW PICTURES to demonstrate good and poor posture. This may be done by using a sheet in a doorway with a strong light behind the demonstrators, who may be volunteers from the group. Have students analyse the effects of good and poor posture on appearance.

 Achievement of a Pleasing Appearance Through Good Grooming Practices - Care of Hair

Arrange to have class visit a local school of cosmetology for a demonstration of hairstyling. Alert students to observe how the face, figure, occasion, and fashion trends determine the way the hair is styled. Have each student select a hairstyle best suited to her features.



Area of Study: Clothing Services

• The Successful Employee

Invite a PERSONNEL DIRECTOR of a local department store to discuss the type of employees that he would hire. Have students prepare for the meeting by selecting from the "Help Wanted" section of a newspaper an example of a desirable job and analyzing the qualifications required. Ask students to be prepared to present questions to the speaker concerning job skills and competencies required for successful job performance. Following the speaker's presentation, discuss the criteria established by the students versus that given by the resource person.

· The Basis for Management

Divide class into "buzz" groups to discuss and enumerate specific responsibilities of the employed adult at home and on the job. Ask them to record problem areas and to describe personal methods of solution where good management made the difference between success and failure. Form a panel made up of a representative from each group to present a summary of the group's experiences. Have class evaluate the management techniques employed in terms of time, energy, and money.

Safety on the Job

Prepare a BULLETIN BOARD display of POSTERS or NOTICES pointing out local safety regulations. Display a PHOTOGRAPH of a recent fire in the community to stimulate discussion on the reasons that safety and health provisions are included in union contracts and why State Departments of Labor, Industry, and Health regulate safety, sanitation, and fire control. Elicit from students factors contributing to accidents including carelessness, fatigue, lack of information or knowledge, defective equipment, hazardous conditions, lack of sanitary facilities, and clutter. Have students fill out a CHECKSHEET of hazardous conditions on the job or at home.



FORM FOR EVALUATING TEACHING AIDS

Directions:

Record title of specific teaching aid and identify as a publication (P), film (F), filmstrip (FS), transparency (TR), chart (CT), tape (TP), or other (O).

Record publisher by source code and then list with the ad-

dress on a card or another sheet.

Review teaching aid in relation to its method of presentation, content, and level and score each area using the following code: Excellent - 3; Acceptable - 2; Poor - 1; Does Not Apply - NA.

Compute and record average score.

Record comments relative to specific areas of strength, special emphasis, or other details.

TITLE OF TEACHING AID	co	DE METHOD OF PRESENTATION					CONTENT			LEVEL			AVG. SCORE	COMMENTS		
	Type of Aid	Source	Attractive	Simple-Clear	Well Organized	Easy to Read	Easy to Store	Easy to Display	Up-to-Date	Accurate	Advertising	Teenager	Adult	Instructor		
					,											
			Н										-			
										_				-		
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Providing an Effective Learning Environment

The environment in which learning takes place helps to determine the kind of growth that will occur. Attractive, well-equipped rooms encourage the development of many aspects of textiles and clothing and provide for the use of a variety of teaching methods and aids.

In Section IV, various learning experiences are suggested that illustrate ways in which instructors can help students develop the ability to think critically, be creative, and make wise decisions. These abilities can be developed through opportunities to examine, test, and compare a variety of products, equipment, and procedures in relation to the actual concerns of individuals and families. With this in mind select the best possible location for the specific program to be taught.

The home economics department in the local school or in the area occupational center is usually adequately equipped to teach courses pertaining to home economics. If appropriate school facilities are not available, make use of a church, a public library, the YWCA, a business place, or a private home. A description of an effective physical environment and ideas for utilizing resources to supplement classroom facilities are given below.

CHARACTERISTICS OF AN EFFECTIVE PHYSICAL ENVIRONMENT

Space and equipment are essential tools of learning that provide the setting in which all facets of a program may function. Desirable facilities for home economics textile and clothing programs include an instructional classroom area for related content presentation, a laboratory area for the development and practice of skills, and a laundry-storage area for instruction in the care of clothing and storage of instructional materials, equipment, and supplies. These basic areas may be separate adjacent rooms or located within one flexible space.

The instructional classroom area should provide for an instructor work and conference center, a presentation center, and an audiovisual center. The clothing laboratory area should provide for a construction center which would include a place for experiences in applying art principles and for the study of textiles used in clothing, an altering and grooming center, and a clothing care center. The laboratory space would be arranged and equipped to approximate a home and/or a commercial center for clothing care, repair, and construction, depending upon the emphasis of the program content. The laundry-storage area should provide for a laundry center, a care and repair center, and a storage center. The laundry-storage space would be arranged and equipped to carry out the necessary services of laundry care and repair and also serve as a storage and resource area for equipment not otherwise available in the laboratory.



The home economics clothing facility should provide all the instructional space and equipment needed for effective teaching. Lacking specific items, the creative instructor will seek opportunities to use facilities and resources in the school and community which would enrich and supplement the program.

RESOURCES TO SUPPLEMENT CLASSROOM FACILITIES

In most cases the adult instructor will be using existing facilities for which someone else has major responsibility. This situation may make it difficult to promote major changes in room arrangement. However, it is possible through the budget for adult education to request additional equipment and supplies.

A meaningful teaching program will utilize different kinds of resources to add depth, variety, and vitality to the subject and may include:

School Resources

- · Director of adult education
- · Faculty of adult education program
- Secondary school faculty
- Adult students
- · Teaching aids, equipment, and supplies
- · Library

Community Resources

- Specialists individuals outstanding in a particular area or subject
- Libraries and museums
- Business organizations clothing stores, factories, or workshops; millinery shops; costume rental shops; dressmakers' shops; textile companies; theater wardrobe departments; local appliance stores or utility company; commercial drycleaning establishments; hotel clothing service departments; hospital mending and repair divisions
- · Industrial plants
- · Labor unions
- Service organizations Chamber of Commerce, YWCA, Rotary, Kiwanis, Lions
- Fraternal organizations Elks, Masons, Knights of Columbus
- · Household of cooperating homemakers
- · Offices of employment
- Yellow pages of telephone directory for other potential community resources

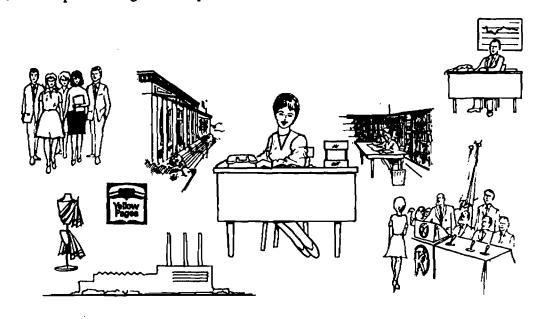
In addition to providing speakers and tours, many businesses and industries are willing to supply such educational aids as films, slides, and brochures. Museums may have exhibits relating to clothing and also be able to provide resource people. Service and fraternal organizations may be willing to sponsor such things as fashion shows or displays of finished projects.



As various resources are located and utilized, it is desirable to establish a file of vital information for future use by the instructor or other interested persons. They may be done on 3" x 5" cards.

Name of business or individual	
Address	
Person to contact (in case of business)	
Information available	
No. accommodated (field trip)	Time required
Convenient time for field trip or to attend a session	resource person

Supplementary resources are effective teaching devices when they contribute to the purpose of the program and are used efficiently, relative to time, space, and information available. The facilities and resources selected should promote good teaching and learning and permit each individual to develop to his greatest potential through experiences in the program.



UTILIZING SCHOOL AND COMMUNITY RESOURCES



Evaluating Teaching Effectiveness

Education aims to change behavior patterns. Evaluation is a means of determining the extent to which behavior has been modified in an instructional program. It is the process of assessing the degree to which one is achieving his objectives, a look at one's present position in relation to one's goals, and a judgment of how well something is being done.

Good evaluative techniques help students to obtain evidence of progress relative to their own abilities and expected achievement, as well as help them increase their skill in assessing situations and in reaching sound decisions. The instructor is able to judge the quality of instruction, see where changes are needed to stimulate improved learnings, and estimate student potential and progress. Various evaluative techniques should be used throughout the teaching-learning process.

USE OF EVALUATIVE DEVICES

Before instruction begins, tests and other measuring devices can be used to determine strengths in knowledge and skills for performing specific tasks. Refer to Section I for additional information on pretesting before instruction begins. During instruction, evaluative devices can be used to stimulate learning and determine progress toward objectives. Following instruction, measuring devices can be used to determine the amount of factual knowledge the student retained, the student's comprehension of the material presented, and the ability of the student to apply the newly acquired information.

There are many types of evaluative techniques. Each one should be selected for a specific purpose and interpreted in relation to that purpose. Some devices useful in collecting evidence are listed below. Sample questions for the various devices are given later in this section.

TYPE OF EVIDENCE	EXAMPLE OF DEVICES
Understandings	Tests - short answer, essay, multiple choice
Manipulative abilities and skills	Observation guides, rating scales, score cards
Observation and research	Reports of field trips, inter- views, individual study pro- jects
Student growth	Questionnaries, checklists, personal rating scales



Careful planning is needed to achieve maximum results from an evaluative technique. Some points to consider include the following:

- Select or develop an evaluative technique in relation to specific objectives or purpose.
- Assemble supplies, materials, and equipment needed to implement the technique.
- Orient students to the purpose of the evaluation, the particular techniques being used, and the method for scoring.
- Analyze and return results as quickly as possible.
- Draw implications for further action to be taken by the instructor and student.
- Revise devices and techniques as needed.
- Use evaluation to encourage each student to reach his maximum level of achievement.

SELECTION OF EVALUATIVE DEVICES

Many devices have been developed for the purpose of evaluating progress. The types of evaluation vary, but generally they can be divided into three categories: informal, semiformal, and formal. Informal evaluation takes place when a student or an instructor determines the progress of the lesson or project. Semiformal evaluation is a more systemic approach often utilizing such devices as tests, surveys, objective scales, and rating sheets. Formal evaluation is a structured procedure utilizing control groups, specific objectives, and standard keys.

Evaluation should be a continuous process for the instructor and students so they can see their progress and the areas that need improvement. One of the more common ways to evaluate is by testing, which shows the instructor what to reemphasize or review. Three of the most common types of tests used in teaching textiles and clothing are classified as performance, objective, and subjective and are explained below.

- A performance or practical test measures skills and abilities to perform a process.
- An objective test contains questions requiring short answers, often based on memory and recall, and scored by means of a key. Common types of questions used are multiple choice, matching, and completion.
- A subjective or an essay-type test is based on the understanding of subject matter and scored on the basis of the judgment of the scorer rather than by reference to a key.



Performance tests provide a comparison of the individual against a given standard or himself and can help to emphasize a need or pinpoint a skill. Objective tests can check an individual's scope of knowledge by a wide sampling of items. Essay questions are used to evaluate the ability of the individual to organize ideas. Although essay questions are not frequently used for testing purposes in adult clothing classes, they can provide the instructor and student with some knowledge of the progress toward a goal or promote general discussion after students complete the questions. Thought provoking questions such as, "What would you do if...," "Explain why...," and "Assume that you were..." allow the individual to give and support his ideas with facts.

The experience of having to "take a test" is often frightening and disturbing to an adult. Evaluation should be presented to adult students in relation to goals so they can determine how far they have progressed as well as to determine their weaknesses. It is also important that adult students understand that they are being judged against themselves or a standard rather than their peers. Therefore, the sensitive adult instructor will say, 'Shall we see how well you can do?," "How much do you remember?," or "Where do you need help?" rather than, "We are going to have a test."

Since adults place a high priority on time, evaluation should be carefully intergrated into the total program. Evaluation can indicate a need to review before going on to the next point. There is seldom a need for formal evaluation in adult textiles and clothing classes, for an effective appraisal can be accomplished with other types of measuring devices. Oral evaluation is one means of determining progress, but it is time consuming and usually limited in scope. Tests are used commonly as a means of evaluation, as they are convenient and adaptable to a variety of situations. Rating scales that help students to evaluate their standards of performance are especially good in occupational training.

The remainder of this section is devoted to examples of how evaluation can be integrated into a lesson and to various types of devices and questions that are especially applicable to the area of textiles and clothing. The situations described below show how evaluative techniques can become a part of a lesson for the mutual benefit of the instructor and student.

SITUATION	METHOD					
To help students recall the order, specific steps, or check points of a demonstration	Give a written or oral objective or performance test					
To help students analyze and apply specific skills and information following the completion of a project	Use a score card or assign a related project					
To help students pinpoint significant ideas after a guest speaker	Give a written or an oral essay question or an objective test					



CHECKLIST FOR TEACHER SELF-EVALUATION

Directions: Score yourself by placing a check (/) in the appropriate column. Areas in need of improvement will be identified by checks found in the "NO" or "SOME" columns. This is a self-evaluation to help you improve your teaching.

		YES	NO	SOME
1.	Do you utilize the State course of study?			
2.	Do you modify the course to meet student needs, after the first meeting?	********	 	
3.	Do you prepare lesson plans?	,		
4.	Do you evaluate your lessons for: a. specific objectives? b. variety of teaching methods? c. variety of teaching aids? d. logical development of subject matter? e. best use of class time? f. individual differences? g. participation by all students? h. week spots in your knowledge of the subject?			
5.	Does the attendance record reflect a high level of student interest?			
6.	Do you pay careful attention to student progress?			
7.	Do your students know ways to evaluate their own work?			
8.	Do you motivate your students to engage in related outside activities?			
9.	Do you give careful attention to the facilities, equipment, and physical condition of the classroom?			
10.	Do your students feel free to ask questions?			

Results: Look back to see what statements you did not check YES. Set some personal goals to improve one or more of these points at future class meetings.



STUDENT SCORE CARD FOR JUDGING PLAIN SEAMS

<u>Directions</u>: Rate each of your construction techniques according to the following scale: Excellent - 3; Acceptable - 2; Needs Im-

proving - 1.

Total and compare your score with the key given below.

CONSTRUCTION TECHNIQUES		RATING
Length of stitches suitabl	e to fabric, , , , , , ,	
Proper tension		
Correct width of seams		
Stitching follows seam lin	es accurately,	
Ends securely fastened and	cut	
Seams correctly pressed		
Seams suitably finished, ,		-
	Total	
	·	
·	Key for Score	
	How is the	
	quality of your workman-	
	ship?	
	7.1.	
	7-11 Inaccurate 12-17 Average	
	18-21 Accurate	
'		



MACHINE STITCHING PERFORMANCE TEST+

Objectives

- To determine the ability to follow directions
- To determine the ability to perform machine stitching
- To determine the ability to work with small measurements

Suggestions For Use

Provide each student with a 6-inch torn square of percale or similar fabric with a selvage, thread, bobbin, scissors, a measure, and pins.

Directions

Perform the following steps using the materials provided:

- 1. Stitch $\frac{5}{8}$ inch from the selvage with a regulation stitch.
- 2. Stitch a hem \(\frac{3}{4}\) inch wide on edge perpendicular (or at right angles) to the selvage and lock ends of stitching.
- 3. Stitch a row of machine basting $\frac{1}{2}$ inch from the edge opposite the selvage.
- 4. Rate your work according to the score card below.
- 5. When finished, pin your sample to the score card and return both to the instructor.

SCORE CARD						
Objectives	Standard Score	Actual Score Pupil Teacher				
I. Following directions - 25 Work done on stated edge	10 15					
II. Machine stitching - 40 Proper tension adjustment	10 10 10 10					
III. Hemming - 35 Staystitching used correctly Turned to wrong side Stitched on edge Stitches locked at ends Total	20 5 5 5 100					

[†]Adapted from Evaluation in Home Economics; 1957 edition by M. G. McFarland, The Indiana Home Economics Association, Purdue University, Lafayette, Ind.



TYPES OF OBJECTIVE TESTS

	Mu'	lti	ple	Chof	ce
--	-----	-----	-----	------	----

Direc	tions:	For each of the ph	statement rase which	, write best	in comp	the lete	space s each	provided statemen	the 1 nt.	etter
1.	(a) pr	ng is edge event it f ep the gra	rom raveli	ing (c)) ke	ep i	t flat e deco	: oration	1.	*
2.	(a) li (b) sl	ing thread ghter than ightly dar terial	the mater	rial (c)	sa di	me a	s the ent fr	material		
3.	(a) on	strip of the length	wise grai	n (c)	on on	the all	true of th	diagonal ese	3.	
Complet	ion Tes	t								
Direc	tions:	In the space completes	ace provid the state	led, wri	.te	the v	word o	r phrase	which	best
 The grain of the fabric which is parallel to the selvage is called the(1) 										
2. Another name for a cording foot is a (an) (2).										
3. The name of the stitching that holds the trimmed seam edges to the underneath side of a faced area is(3) 3										
Matching	g Test									
Direc	tions:	In the spa write the best defir	number of	the wo	rd (or ph	rase	ch item i from Colu	n Colu mn Bw	umn A, which
		Colu	ımn A					Column	<u>B</u>	
		_ A fuzzy surface t'nat makes material have an		1.	bias					
	up and a down		2.	crosswis	e grai	n				
		ain that i					3.	nap		
	ma	e directio terial whi	ch				4.	lengthwi	se gra	in



Scource List

FREE AND INEXPENSIVE TEACHING MATERIALS

- American Cyanamid Co. Fibers Division
 West 40th St. New York, N.Y. 10018
- American Home Economics Assn. 1600 Twentieth St., NW. Washington, D.C. 20009
- American Home Products Corp. 685 Third Ave. New York, N.Y. 10017
- 4. American Institute of Laundering Public Relations Division Joliet, Ill. 60400
- 5. American Medical Assn.
 Committee on Cutaneous Health
 and Cosmetics
 535 North Dearborn St.
 Chicago, Ill. 60610
- 6. Ascot Textile Corp.
 Retail Division
 469 Seventh Ave.
 New York, N.Y. 10018
- 7. Bac-A-Brand Products, Inc. 85 Tenth Ave. New York, N.Y. 10011
- 8. Beaunit FibersAdvertising Dept.261 Fifth Ave.New York, N.Y. 10016
- 9. Burlington Industries, Inc. Public Relations Dept. 1430 Broadway New York, N.Y. 10018

- 10. Celanese Fibers Marketing Co. Consumer Relations 522 Fifth Ave. New York, N.Y. 10036
- 11. Chemstrand Co.
 Public Relations Dept.
 350 Fifth Ave.
 New York, N.Y. 10001
- 12. Coats and Clark, Inc. 430 Park Ave. New York, N.Y. 10022
- 13. Cohn-Hall-Marx Co.
 Cohama Division
 Fashion Director
 1407 Broadway
 New York, N.Y. 10017
- 14. Cone Mills, Inc.
 Educational Dept.
 1440 Broadway
 New York, N.Y. 10018
- 15. Consumers Union
 Education Service Bureau
 256 Washington St.
 Hount Vernon, N.Y. 10550
- 16. Corduroy Council of America 15 East 53rd St. New York, N.Y. 10022
- 17. Cornell University
 Mailing Room
 Building 7 Research Park
 Ithaca, N.Y. 14850
- 18. Corset and Brassiere Council 180 Madison Ave. New York, N.Y. 10016



- 19. Corticelli Silk Co.
 L ucational Dept.
 1407 Broadway
 New York, N.Y. 10018
- 20. Dan River Mills
 Advertising Dept.
 111 West 40th St.
 New York, N.Y. 10018
- 21. Designer's Fabric Buy-Mail Box 569 Evanston, Ill. 60204
- 22. Dixo Co., Inc.
 Dept. 24
 158 Central Ave.
 Rochelle Park, N.J. 07662
- 23. E. I. du Pont de Nemours and Co. Public Relations Dept. Wilmington, Del. 19898
- 24. Eastman Chemical Products, Inc. Fibers Division
 Educational Dept.
 260 Madison Ave.
 New York, N.Y. 10016
- 25. Educators Progress Service Box 497 Randolph, Wis. 53056
- 26. FMC Corp.
 American Viscose Division
 Product Information Services
 350 Fifth Ave.
 New York, N.Y. 10001
- 27. Faultless Starch Co. 1025 West Eighth St. Kansas City, Mo. 64101
- 28. Federal Trade Commission
 Bureau of Textiles and Furs
 Washington, D.C. 20580
- 29. Five Magic Mirrors
 Box 6953
 Cleveland, Ohio 44101
- 30. Formfit-Rogers 400 South Peoria St. Chicago, Ill. 60607

31. Fox Millinery Supply 162 North State St. Chicago, Ill. 60601

- 32. Fumol Corp. Promotion and Sales 49-65 Van Dam St. Long Island City, N.Y. 11101
- 33. George Peabody College For Teachers Division of Surveys and Field Service Nashville, Tenn. 37203
- 34. Glenoit Mills, Inc. 111 West 40th St. New York, N.Y. 10018
- 35. Good Housekeeping
 Bulletin Service Dept.
 959 Eighth Ave.
 New York, N.Y. 10019
- 36. Hem-Rite Division
 536 Southeast Sixth Ave.
 Portland, Oreg. 97214
- 37. Hercules Powder Co.Fibers Dept.910 Market St.Wilmington, Del. 19899
- 38. Holt, Rinehart, and Winston, Inc. 383 Madison Ave. New York, N.Y. 10017
- 39. Household Finance Corp.

 Money Management Institute
 Prudential Plaza
 Chicago, 111. 60601
- 40. Indiana University
 Audio-Visual Center
 Division of University Extension
 Bloomington, Ind. 47401
- 41. International Ladies' Garment Workers' Union 275 Seventh Ave. New York, N.Y. 10001



- 42. International Silk Assn. Educational Division 185 Madison Ave. New York, N.Y. 10016
- 43. J. C. Penney Co., Inc.
 Local Store Manager, or
 Educational and Consumer
 Relations Dept.
 1301 Avenue of the Americas
 New York, N.Y. 10019
- 44. J. Wiss and Sons Co. Advertising Dept. 33 Littleton Ave. Newark, N.J. 07107
- 45. Jack Lenor Larsen, Inc. Showroom 232 East 59th St. New York, N.Y. 10022
- 46. John Dritz and Sons, Inc. Consumer Services Box 552 Spartanburg, S.C. 29301
- 47. Kansas State University
 Extension Home Economics
 Umberger Hall
 Manhattan, Kans. 66504
- 48. Klopman Mills, Inc. 115 West 40th St. New York, N.Y. 10018
- 49. M. Lowenstein and Sons 1430 Broadway New York, N.Y. 10018
- 50. Man-Made Fiber Producers Assn., Inc.
 Educational Dept.
 350 Fifth Ave.
 New York, N.Y. 10001
- 51. McCall's Patterns
 Educational Dept.
 230 Park Ave.
 New York, N.Y. 10017
- 52. Metlon Corp. 432 Park Ave., South New York, N.Y. 10016

- 53. Milady Publishing Corp.
 Charm Division
 3839 White Plains Rd.
 Bronx, N.Y. 10467
- 54. My Double Co., Inc.
 Box 270
 Stanford, Conn. 06900
- 55. National Cotton Council of America Home Economics Dept. Box 12285 Memphis, Tenn. 38112
- 56. National Shoe Institute 50 Rockefeller Plaza New York, N.Y. 10020
- 57. New York State Department of Commerce
 230 Park Ave.
 New York, N.Y. 10017
- 58. New York State Department of Labor
 Division of Employment
 Building 12 State Campus
 Albany, N.Y. 12226
- 59. Niagara Mohawk Power Corp. Local Office, or 126 State St. Albany, N.Y. 12207
- 60. Pellon Corp.
 Educational Dept.
 1120 Avenue of the Americas
 New York, N.Y. 10036
- 61. Pendleton Woolen Mills Home Economics Dept. 218 Southwest Jefferson St. Portland, Oreg. 97201
- 62. Penn Products Co.
 Educational Dept.
 963 Newark Ave.
 Elizabeth, N.J. 07207
- 63. Permacel
 Advertising Dept.
 U.S. Highway #1
 New Brunswick, N.J. 08900



- 64. Purdue University
 Cooperative Extension Service
 Lafayette, Ind. 47907
- 65. Purex Corp., Ltd.
 Public Relations and Educational 76.
 Services
 5101 Clark Ave.
 Lakewood, Calif. 90712
- 66. Ruth Millard Assoc.
 Suite 1105
 50 East 42nd St.
 New York, N.Y. 10017

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- 67. Scovill Manufacturing Co.
 Oakville Division
 Sales Promotion Dept.
 26 Main St.
 Oakville, Conn. 06779
- 68. Sears, Roebuck and Co.
 Consumer Information Division
 925 South Homan Ave.
 Chicago, Ill. 60607
- 69. Shape-Ease
 5525 Southwest Downs View Ct.
 Portland, Oreg. 97202
- 70. Simplicity Pattern Co.
 Educational Division
 200 Madison Ave.
 New York, N.Y. 10016
- 71. Singer Co., Inc.
 Educational Dept.
 30 Rockefeller Plaza
 New York, N.Y. 10020
- 72. Stacy Fabrics Corp.
 469 Seventh Ave.
 New York, N.Y. 16018
- 73. Supima Association of America Room 4101 350 Fifth Ave. New York, N.Y. 10001
- 74. Textile Distributors Assn., Inc. 1040 Avenue of the Americas New York, N.Y. 10018

- 75. The Arrow Co.
 Advertising Dept.
 530 Fifth Ave.
 New York, N.Y. 10036
- 76. The Butterick Co. Educational Dept. 161 Avenue of the Americas New York, N.Y. 10013
- 77. The Risdon Manufacturing Co. Waterbury Division
 Box 520
 Naugatuck, Conn. 06771
- 78. The Soap and Detergent Assn.
 Cleanliness Bureau
 485 Madison Ave.
 New York, N.Y. 10022
- 79. The United Piece Dye Works Advertising and Promotion 111 West 40th St. New York, N.Y. 10018
- 80. The University of the State of New York State Education Dept. Bureau of Classroom Communications Albany, N.Y. 12224
- 81. 3M Co.
 Visual Products Division
 3M Center
 St. Paul, Minn. 55101
- 82. U.S. Borax and Chemical Corp. Marketing 3075 Wilshire Blvd. Los Angeles, Calif. 90005
- 83. U.S. Department of Agriculture Federal Extension Service Washington, D.C. 20250
- 84. Unique Zipper Distributing Co.,
 1nc.
 4120 Stone Way Ave., North
 Seattle, Wash. 98103
- 85. University of Illinois
 College of Agriculture
 Cooperative Extension Service
 Urbana, Ill. 61803



- 86. Van Wyck Products, Inc. 120 South Euclid Ave. Pasadena, Calif. 91101
- 87. Vogue Pattern Service
 Educational Dept.
 161 Avenue of the Americas
 New York, N.Y. 10013
- 88. Whirlpool Corp.
 Home Service Dept.
 Benton Harbor, Mich. 49022
- 89. William Prym, Inc. Home Economics Dept. Dayville, Conn. 06241
- 90. Wm. E. Wright and Sons Co. Educational Dept. 180 Madison Ave. New York, N.Y. 10016

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